

## Contact Information

Indigo Child and Adolescent  
Development Centre

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Clinical Psychologist and Neuropsychologist

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### General Enquiries:

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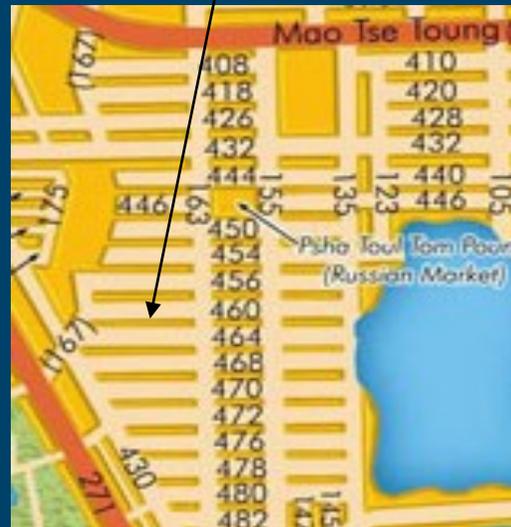
Tel: 023 222 614

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### Address:

Indigo  
Street 460  
House No. 28  
Toul Tom Poug  
Phnom Penh



# Child and Adolescent Development Centre

**Professional psychological  
services for children, adolescents  
and their families**

**Tel: 023 222 614**

**012 208 318**

**Phnom Penh**

Indigo is a group of qualified counselors, psychologists and speech therapists from varied backgrounds offering a wide range of services.

## Indigo Child and Adolescent Development Centre

### Assessment and Intervention

An initial assessment is carried out and remedial action suggested. This may be in the form of:

- recommendations for the family or school in managing behaviour or helping the child cope with difficulties
- a period of counselling for the child or the family,
- a detailed developmental or cognitive assessment to identify more complex difficulties

We cover several areas of child and adolescent psychology and speech therapy:

*Developmental problems* : including toilet training, tantrums, delays in language, learning, behaviour, social or motor skills. Conditions such as ADHD or autism spectrum disorders can be assessed and managed.

*Emotional and Behavioural difficulties* : such as bullying, anxiety, low mood, poor self-esteem, eating problems, trauma or loss. These issues can be dealt with in counselling, either with your child or as a family.

*Neuropsychology* : assessments of a child's cognitive and learning abilities can be useful to assist with educational difficulties. A profile of the child's strengths and weaknesses can help families and schools to maximise the child's potential.

We also provide specialist services including:

- adoption assessments and counselling
- group programs for parenting
- nanny training courses

### Indigo Consultancy

Indigo specializes in consultancy and training related to assessment, counselling skills, supervision, and self-care.

We offer expert consultancy on child development and child protection issues.

Advice on research, project development and service evaluation is available to health and social care services.

Indigo can also tailor training to suit other organizational needs.

### Indigo Counselling

We also offer a psychological service for adults. Please contact us for more details about our adult services.

